We are here to help you





Don't suffer in silence, we can help you.

Next Link can provide a safe house, support and advice about your future.

Contact us.

We can meet with you and provide emotional and practical support.

Phone 0800 4700 280 email: northsomerset@ nextlinkhousing.co.uk

If you are worried about domestic abuse and want help or further information - please contact us. Call now to protect yourself or anyone you know. Phone 0800 4700 280 email: northsomerset@nextlinkhousing.co.uk

Or chat live online to one of our support workers at www.nextlinkhousing.co.uk/northsomerset click on "live chat NOW" (Monday to Friday 1:00pm - 5:30pm) www.nextlinkhousing.co.uk/northsomerset Twitter: @NextLinkHousing www.facebook.com/nextlinkhousing

If you need help immediately – contact the police. They will help you find a safe house.

Next Link If you need this strives to leaflet in other create a culture languages or that encourages large type please and values contact us. evervone's differences and promotes mutual respect Next Link is part of Missing Link Mental Health Services. and shared understanding. Missing Link is a Housing Association with charitable status, registered under the Co-operative and Community dar

Benefit Societies Act (2014). Supported by North Somerset Council

Safe House Support Services for men

North Somerset

Are you a male victim of domestic abuse? Need a safe place to stay? We can help you.

If you contact Next Link we can talk to you about your situation in confidence.

Men and women have the same rights for protection against domestic abuse.

Call us on 0800 4700 280

If you need help to leave in an emergency:

What's it like living in a safe house?

Domestic abuse affects some men too.

Male victims, like female victims, may live with domestic abuse for years before they tell anyone or seek help.

You do not have to put up with it.

You can escape from a violent relationship and build a new life for yourself. **You have a choice.**

Call us on 0800 4700 280

- at night and at weekends we have an emergency advice line
- contact the police and they will help you to get to a safe house
- if you need medical attention go to a Hospital Casualty Department
- if possible, take with you your own front door key
- bring clothing for you
- please bring proof of income and identity with you
- keep our telephone number in a safe place.

- This house has a secret location.
- The house is clean and well equipped.
- You have a key to your own room and the front door.
- You cook your own food.
- There will be support for you from a key worker.
- You have your own privacy.
- There will be other men in similar circumstances to whom you can talk.

How can we help?

During your stay we will provide emotional and practical support. We will help you with your benefits, your legal options and your housing options.