

## What we offer

Cranstoun provides domestic abuse support services in North Somerset. We are here to empower people and challenge and change abusive behaviour.

We offer:

- assessment and safety planning for victim-survivors of domestic abuse
- support in seeking safe housing options
- support for children and young people affected by domestic abuse
- support with seeking legal advice, working with the Police and Criminal Justice System
- targeted support for those who may otherwise struggle to access services
- tailored support so people feel empowered to make positive changes right for them.

## Contact us

Helpline: **01934 318 490**

Or call the Domestic Abuse FreeFone Support line on: **0800 694 9999**

Email: [northsomersetdass@cranstoun.org.uk](mailto:northsomersetdass@cranstoun.org.uk)

To find out more, or to make a referral, please scan the QR Code below, or access: [www.cranstoun.org/northsomerset-dass](http://www.cranstoun.org/northsomerset-dass)



# CRANSTOUN

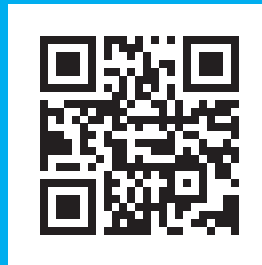
Empowering People, Empowering Change

## CRANSTOUN

Empowering People, Empowering Change

Cranstoun is a social justice and harm reduction charity. We are passionate about supporting positive change.

Scan the QR Code for more info:



[cranstoun.org](http://cranstoun.org)

Cranstoun central office

T: 020 8335 1830

E: [info@cranstoun.org.uk](mailto:info@cranstoun.org.uk)

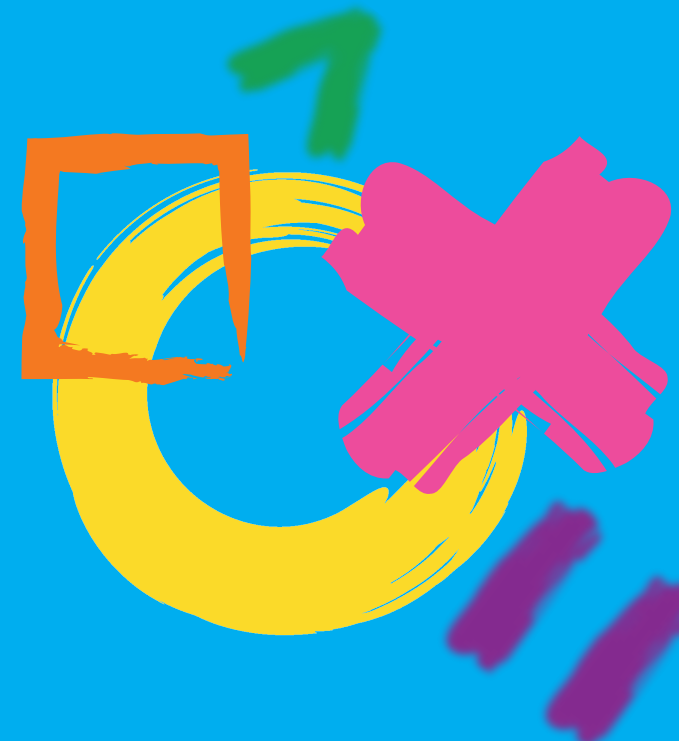
[www.cranstoun.org](http://www.cranstoun.org)



Registered Charity No: 1061582  
Registered Company No: 3306337

## Everyone deserves a life without domestic abuse

You don't have to deal with  
domestic abuse alone.  
Our North Somerset services  
can help.



# No one should experience domestic abuse



## North Somerset domestic abuse support

The North Somerset Domestic Abuse Support Service (DASS) is delivered by Cranstoun offering interventions and support for all those impacted by domestic abuse.

Cranstoun is a charity with over 50 years' experience of empowering people to live healthy, safe and happy lives.

### How we help

North Somerset DASS provides a combination of services, programmes and interventions to support victims and survivors of domestic abuse. Our compassionate, experienced and specialist team is dedicated to delivering the best support for individuals and the North Somerset community.



## Our services

### DASS Outreach Service

Our DASS Outreach Service is a one-stop-shop providing personalised advice, support and advocacy services for adults (16+) who are at risk of harm from intimate partners, ex-partners or family members.

We help individuals improve their own safety and that of their children, along with their health and wellbeing. Advice, support and signposting is appropriate to the needs of each individual.

### IDVA Service

IDVAs (Independent Domestic Abuse Advocates) provide a lifeline for victims at a time when they are most vulnerable, including in high-risk hospital settings. They are specialist workers supporting people who are at high risk of immediate and significant harm from domestic abuse. They provide emotional and practical information and advice empowering people to make positive choices around their safety, wellbeing and the future.

### Who we help

Our services are available to victims and survivors of domestic abuse regardless of people's age, disability, gender, gender identity, race, religion or belief or sexual orientation.

## Our programmes & interventions

### Seeking Safety Programme

A 12-week programme for victim-survivors helping individuals put their safety first in relationships, thinking, behaviour and emotions.

### Freedom Programme

A 12-week domestic abuse course helping victim-survivors make sense of what has happened to them and to understand that it isn't their fault.

### Children & young people

We also offer support for children and young people impacted or affected by domestic abuse.

### Other access and interventions

Cranstoun facilitate access to refuge accommodation and access to counselling support. Ask us for more info.

**We're here to help. Contact us:**

**Helpline: 01934 318 490**

**Or call the Domestic Abuse FreeFone Support line on: 0800 694 9999**